



Timings	Activity	Content	Resources
Timings are approximate		Welcome and introductions	
30 minutes		The welcome sets the tone for the rest of the day. Introduce yourself and discuss the workshop aim and learning outcomes.	
	Facilitator	Workshop aims and learning outcomes	
		Aim: To know about culturally acceptable care, focusing on stereotyping.	
		Learning outcomes	

Facilitator

East Sussex County Council		

Timings	Activity	Content	Resources
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2 minutes

2 minutes

10 minutes

10 minutes

4 minutes

East Susse County Coun			
1 minute	Facilitator to read through		
	<b>Slide 11</b> Facilitator to read through	We	e support
2 minutes	Slide 12 Facilitator to read through	Culturally appropriate care during the coronavirus (COVID-19) pandemic	
5 minutes	Slides 13-15 Facilitator to read through	Assumptions, Unconscious bias and stereotyping	
5 minutes	Slide 16 Facilitator to read through	Terminology around age, disability, ethnicity and sexuality evolves continuou important that you learn about preferred terminology used in your organisa with the individuals you support. It is also important to remain actively conschanges. important to ask the person how they would like to be referred to make assumptions	ation and scious of

### Ask the group

2 minutes

**Slide 17** Facilitator to read through

5 minutes

Slides 18/19



Facilitator to read through

5 minutes

Slide 20 Facilitator to read through Ask the group Slide 21 Activity 2

10 minutes

20 minutes

Slides 22-25Facilitator to<br/>read through10 minutesSlides 26-27Facilitator to<br/>read throughAsk the group5 minutesSlide 28

Facilitator to read through

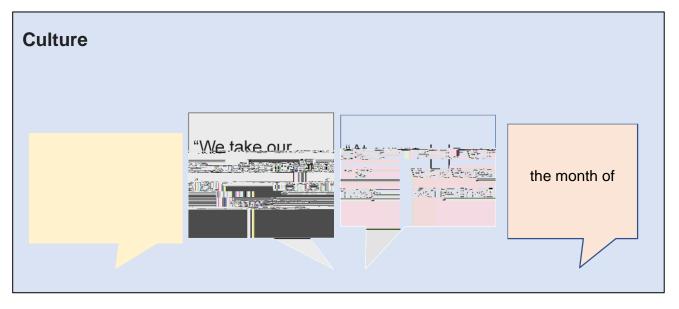


East Sussex County Council		
	The framework can also be printed as a handout if required.	



### Appendix 1: Activity trainer guide Stereotyping and making assumptions

## Activity 1:



# Ask the participants for their examples. The following examples may help prompt discussion:

Family, extended family bonds and networks are very important to the Gypsy and Traveller way of life. Family anniversaries, births, weddings and funerals are usually marked by extended family or community gatherings with strong religious ceremonial content.

Plant-based eating is deeply rooted in three of the prominent religions practiced in India Hinduism, Jainism and Buddhism. All these religions believe in the concept of kindness and non-violence towards all living things.

The number 8 is believed to be the luckiest number in China because '8' is associated with wealth.

and/or date of important events. For example, the opening ceremony of the 2008 Beijing Olympic Games commenced exactly at 8 minutes and 8 seconds past 8 pm on the 8th of August 2008.

Many Muslim women wear a hijab (the word means "veil"), symbolising modesty and respect for Allah, and many Muslim men dress modestly to pray too.



**Culturally Appropriate Care** Stereotyping and making assumptions

# Activity 1:

Culture		
	"We take our	the month of





# Culturally Appropriate Care: Activity trainer guide Stereotyping and making assumptions

# Activity 2:

EXAMPLE	AGREE	DISAGREE
Siblings are always happy or able to carry on giving help and support when their parents are unable to.		Some may be able to, and some may not. Choices must be respected.



People in some communities		Every family is unique, and assumptions
It is more acceptable for individuals to be identified in terms of their national origin, e.g. Indian, Pakistani, Mauritian, or region of origin, e.g. Bengali	This is often the case; however, you should ask the individual what their preference is.	
You should start off with addressing people formally such as Mr/Mrs but then ask them how they would like to be addressed.	Yes, this is good practice. A recording should be made of their preference.	
You should try to link different families together from their community who have a relative with learning disabilities.		This should only happen after discussing with the

		Sal,
		This is not acceptable. Many people find it offensive. The terms
You should explore what good support would look like for the person you support, specifically: gender requirements, faith practices, food requirements, dress codes and relations with the opposite sex.		acceptable. Yes, these are all really important areas of support, and all relevant information should be recorded in the support plan.
-		This term is regarded as offensive by many people due to its origins within the Hindu Caste System, in which being half-caste could mean social exclusion for the individual concerned.
- acceptable.		Many people may find this term deeply offensive, as its origins relate to apartheid. (A system of segregation or discrimination on grounds of race (in the past, widely practiced in South Africa)
Mixed-Race is a generally accepted term, but can sometimes have negative connotations.	Alternatives are - also be used, for example as in reference to a 'multi- racial household'.	

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**Culturally Appropriate Care:** Stereotyping and making assumptions

# Activity 2:

EXAMPLE	AGREE	



You should start off with addressing people formally such as Mr/Mrs but then ask them how they would like to be addressed.	
You should try to link different families together from their community who have a relative with learning disabilities.	
Its good practice to do research on cultural differences so you know what peoples likes and dislikes are.	
Issues affecting the persons family, such as housing environment, financial concerns and health issues are not important as you must focus on the individual.	
describe someone.	
You should explore what good support would look like for the person you support, specifically: gender requirements, faith practices, food requirements, dress codes and relations with the opposite sex.	
- acceptable.	
-	
Mixed-Race is a generally accepted term, but can sometimes have negative connotations.	