

## Supporting people through transforming care

Transforming care is all about improving health and care services so that more people with learning disabilities and/ or autism can live in the community, with the right support, and close to home. This means that fewer people will need to go into hospital for their care.

There's a national plan about how to do this called 'Building the right support' (October 2015), and there are 48 transforming care partnerships across England to support this.

Max\* is one individual who was assessed as being a high risk to himself and others around him. Following a stay in hospital for rehabilitation, and was assessed as been a high risk to himself and others around him.

During his stay he worked with the mental health team and social worker to plan for his discharge, and he built positive relationships with them. When he was ready for discharge, the hospital found it challenging to find suitable accommodation due to his background. They identified Manor Community as a potential provider and their manager went to meet Max. Their care coordinator said:

**It was apparent that yes, Max did have high risks, however he was urging to get out and begin a new life for himself. He just needed a company to give him a chance and with the right support team and accommodation to enable him to achieve this goal.**

Manor Community were involved in the discharge process, which took six weeks. They worked with Max and his support team to assess how much care and support he wanted and needed. They also explored what his interests were and what activities he enjoyed doing, so they could start to build a suitable care team.

The approved mental health professional team also got involved in the last two weeks to support Max to continue to take anti-psychotic medication when he moved into the community – he regularly refused to take it which was seen as a high risk to himself and others.

Manor Community requested a Community Treatment Order for if this happened. They worked with Max and his consultant, social worker, psychiatrist, mental health team, and the unit social worker to discuss his views and opinions and put protocols in place.

**We were aware of the risks involved however we knew we could help this gentleman and give him the opportunity to turn his life around.**

## Max's support team

Max has a team of support workers, one to one,



They also use ACC online training and external learning providers when needed. They have an online system called 'Carefree' which all staff can access to update their knowledge.

They keep an up to date training matrix which tracks what training their staff have done and what training needs updating.

Manor Community do regular supervisions with staff to see how they're getting on and discuss any concerns or challenges. They run 'care awards' where individuals, family members or colleagues can nominate staff who've gone the extra mile – this is great motivation for the whole team.

## How has Max's health and wellbeing improved?

Max's health and wellbeing has improved hugely. There have been no incidents of behaviour which challenges services since Max has lived at Manor Community.

He's shown willingness to learn independent living skills and has become very independent. He now deals with his own bills, does his own shopping, goes on community outings and has begun to ride his motorbike again.

Max is now also aware of his forensic history and is very regretful of his past actions.

He's built positive, trusting relationships with staff and always feels open about talking to them.

## Skills for Care recommends

### Transforming care

Find out how you can get involved in your local partnership and resources to help.

[www.skillsforcare.org.uk/transformingcare](http://www.skillsforcare.org.uk/transformingcare)

### Supporting people with learning disabilities

We have practical guidance to help employers develop their workforce that support people with learning disabilities.

[www.skillsforcare.org.uk/learningdisabilities](http://www.skillsforcare.org.uk/learningdisabilities)

### Positive behavioural support

Our resources can help you and your staff deliver PBS to people who display or at risk of displaying behaviours which challenge.

[www.skillsforcare.org.uk/PBS](http://www.skillsforcare.org.uk/PBS)

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