

Name: Matthew

A bit about me

I live with my parents and my brother. My auntie is my personal assistant. I see my family all the time. My speaking can be hard to understand sometimes but I use Makaton signs to help me communicate. All I need is for you to be patient.

When I'm happy

I am smiley and loud.

I love to chat with my friends and will encourage everyone to get up and dance with me.

When I'm sad

I may hit out.

Mostly I refuse to join in and say, "it's alright".

I normally get myself out of these moods by listening and dancing to music.

Sometimes I might use bad language, please don't get angry with me, just be patient.

Likes

Name: Charlotte

A bit about me

I live with my parents, big sister, brother in law and their three children. It's a busy house.

When I'm happy

I smile, laugh and will often engage in conversation about cake and other food, mainly cake. I will say "no bite" and "Rabbit".

If I feel comfortable I will pat you on the head, sit on your knee and encourage you to cuddle me.

I can't communicate verbally very well and will use Makaton actions to help me. I will also use the language I do know to communicate with you.

When I'm sad

I will shout.

I will bang furniture and I will cry.

You will know if I am in pain, as I will cry.

If I shout for a little bit but settle, I am just making myself comfortable.

Likes

I like to be with my family.

I like to go on holiday to France.

I like to know what is going on, so although I may not say much, keep me informed.



Name: Dianne (but people call me DD)

A bit about me

I live in assisted living, in a house with others. I get hours from the staff and need help to do most things.

When I'm happy

I am laughing, smiling and helpful.
I may even get up and dance to my dance music.

When I'm sad

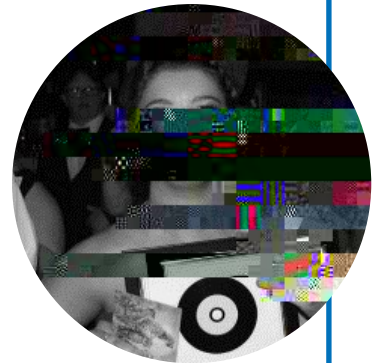
I can disturb the day.
I will refuse to do anything and I will shout back at you.
I will say things that I don't mean and they can be hurtful.
I need to be taken away and left to calm down. Normally 15 minutes in a quiet room with someone to talk it out with me does the trick and I always apologise. I have triggers and I am learning these.
If I feel myself getting wound up or 'zzy', as I call it, I will ask if I can take 15 minutes or, if I have them on me, I will use my communication cards I made myself to tell you how I feel.

Likes

I love music, Ed Sheeran is one of my favourite singers.
My favourite food is spicy food and I love spicy pizza or burgers.
I really like to help people and will always ask if I can help and jump at the chance to.
I am crafty and love making things - bracelets, keyrings, and drawings.
I love it when people give me arts and crafts stuff to add to my supplies.
I am always very grateful.

Dislikes

I don't like not knowing what is going on, especially if it involves me.
Keep me informed and if I have questions, please be patient with me and let me ask them until I understand.
I don't like being told off.



Name: Kirsty

A bit about me

I live with my mum and stepdad. I have help from my dad, brother, sister and her family. I want to move out and live independently with help.

When I'm happy

I smile and love to have a chat.

When I'm sad

I may cry but mainly I will sit and be very quiet.

I worry about things a lot and may ask to have a chat one to one.

I have been known to listen to a story and only take some of it away.

I get confused and may pass on the wrong message.

Likes

I love to go out shopping and buy myself lovely things to wear.

Dislikes

I don't like feeling left out.



Name: Guy

A bit about me

I live with my mum and get help from my sister and family friends.

When I'm happy

I can be the life and soul of the party.

I laugh and smile and can be a bit cheeky.

When I'm sad

My face goes red, and I can be very emotional.

I also have a temper, but this only happens if I am extremely unhappy.

Likes

I love to draw and to listen to music, Barry Manilow is one of my favourites.

I love football, I used to have a season ticket and go to matches.

I am one of the coaches on the Beamish football team and I like to keep a log of the scores.

Dislikes

I don't like being told I can't do something. I am very independent, and I always like to give everything a go.

