



## Building community capacity through .

We encourage citizens and communities enabling everyone to live good lives, and don't always support this.

### What is community and asset-based th

The first question should be 'what does a good care and support system, described as good care and support system, described as good care and support is based on seeing citizens

Communities are full of people with diverse skills, qualities and experiences, as well as formal and informal groups that contribute to community wellbeing. Working together can achieve better outcomes. Local communities understand what matters most to them, which solutions will work and how to support and invest in these to change for the better.

Working together to create resources that work for local people and delivering and evaluating the effectiveness of those resources, contributes to community engagement and sustainability, as well as ensuring the best use of resources.

In practice, this means:

- f* not doing for a community what it can do for itself
- f* identify and support resources that already exist to support wellbeing and promote community networks
- f* changing from servicing people's needs to facilitating their aspirations – moving away a deficit model to a strengths-based model
- f* redressing the balance between



- f* Remember that even very skilled people don't always recognise what they have to offer. Part of the job in developing communities is to work with people to help them to see their own strengths and abilities and have confidence in their contribution. Understanding that everyday things to one person are valuable skills to someone else is part of that process. If people lack experience or confidence, provide support, encouragement and positive feedback.
- f* Use jargon free language that people will understand and relate to. Using more technical terms, like 'community facilitator' can be misunderstood and may put people off. Using jargon can make some people feel deskilled and can prevent someone from realising that the skills that they have are actually the ones that you're looking for.
- f* Work with other commissioners to ensure a joined-up, community focussed approach. Develop a basis for commissioning support for community development and community building – not just how activities are commissioned but what activities are commissioned.
- f* Use the Soc



6. Be transparent (be straightforward, and honest, show you have nothing to hide and explain what is behind any conclusions or judgements you make).
- 7.