Digital terms explained

'Data protection' is defined as the legal control over access to and use of data stored in computers. In practice it represents a range of business processes and activities carried out by organisations to control and protect this stored data.

Within social care, this is particularly important given the sensitive, confidential, and critical nature of information that's held about people receiving care and support. [Find out more about data protection and legislation](#)

A protection against criminal or unauthorised use of electronic data held by an organisation and encompasses the security measures and processes that are involved in doing this. The Data Security Protection Toolkit (DSPT) is an online self-assessment tool which helps care providers to evaluate and improve their cybersecurity/data security. The DSPT sets out the standards required by social care providers to protect people's information from the risk of breach or cyberattack (also known as hacking).

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