

The resources below are freely downloadable and can be used to provide more detailed information on the topics in the framework or as supplementary learning materials.

Age UK in collaboration with Opening Doors [safe_to_be_me.pdf](#) (ageuk.org.uk)

This resource is written for anyone working or volunteering in health, social care or the voluntary sector who would like to support older people who are lesbian, gay, bi or trans. It will also be helpful for training providers to ensure courses integrate discussions and scenarios relating to the needs of people who are LGBT.

LGBT, identities, coming out, legislation, good practice checklist

If we are not counted, we don't count; Good practice guide to monitoring sexual

<https://dxfy8lrzbpw.cloudfront.net/Files/d1edc08d-1514-4df8-8bf0-ebc97a79e4e01f%20We%20E%202%2080%2099re%20Not%20Counted%20%20We%20Don%20E%202%2080%2099t%20Count%20FINAL.pdf>

LGBT Foundation and NHS England good practice guide to provide support for services to implement effective sexual orientation and trans status monitoring. It contains updated guidance, tips and case studies, and explains how monitoring plays an instrumental role in identifying and addressing inequalities and improving services.

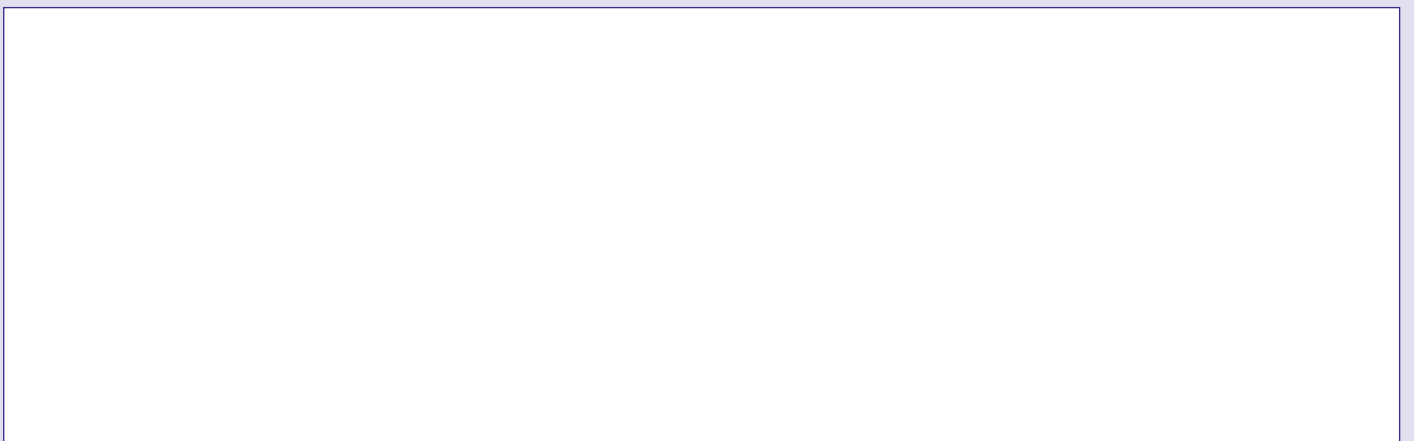
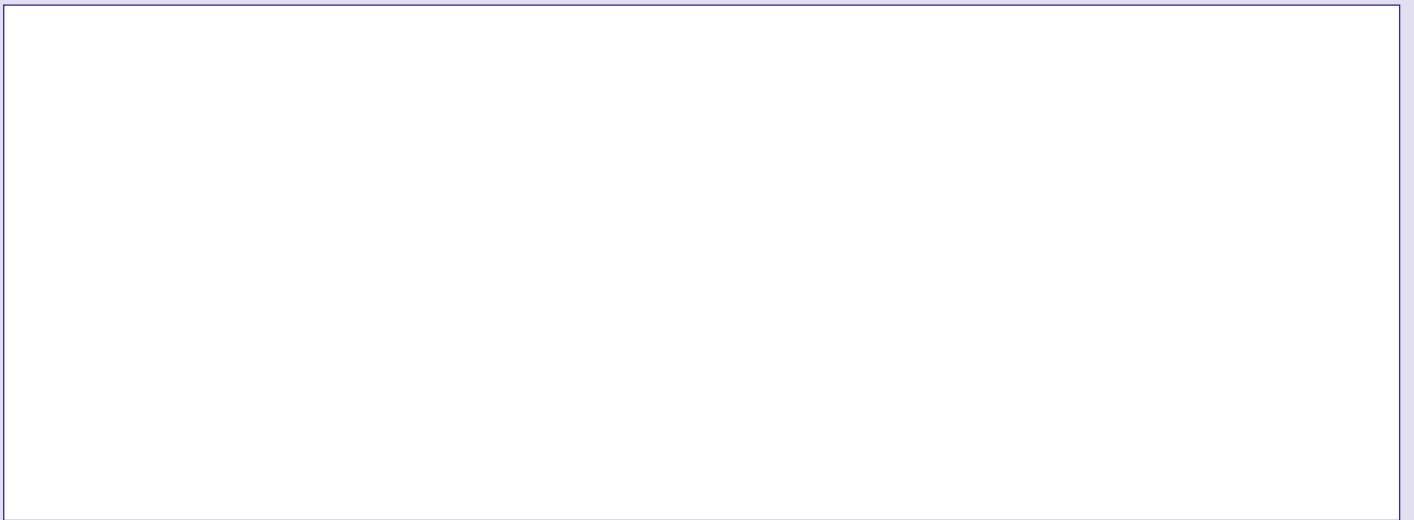
LGBT; monitoring; good practice; service improvement

Better Health Briefing, Issue 41. Barriers to health faced by transgender and non-binary black and minority ethnic people.

<https://raceequalityfoundation.org.uk/health-care/barriers-to-health-faced-by-transgender-and-non-binary-black-and-minority-ethnic-people/> Race Equality Foundation.

This briefing offers four propositions for creating improved overall health for trans/NB black and minority ethnic individuals.

Trans, Non-binary, GNC, black and minority ethnic people



[2022-02-25 Alzheimer Europe ethics report 2021.pdf \(alzheimer-europe.org\)](#)

The outcome of work carried out by experts in the fields of dementia, gender studies, ethics, ageing, service provision, training of healthcare professionals and psychology across Europe looking at how sex, gender and sexuality impact on the everyday lives of people with dementia.

Dementia, sex, gender, sexuality, Europe

[Hiding who I am: The reality of end of life care for LGBT people](#)

<https://www.mariecurie.org.uk/globalassets/media/documents/policy/policy-publications/june-2016/reality-end-of-life-care-lgbt-people.pdf> Marie Curie; University of Nottingham, Kings College London.

LGBT people experience significant barriers to getting palliative care when they need it. This report explores why.

End of life care, LGBT, palliative care, Sexuality, ,

Including non-binary people: guidance for service providers and employers

<https://www.scottishtrans.org/wp-content/uploads/2016/11/Non-binary-guidance.pdf> Trans Scotland

Description: The guidance will provide you with the foundations to start thinking about how simple changes to your policies and practice can ensure that you are creating an inclusive service or workplace in which non-binary people can participate. Many of these tips will help to make your service or workplace more inclusive of many gender non-conforming and LGBT people, not just those who are non-binary.

Non-binary, gender non-conforming, UK, employment, workplace

LGBT-Common-Outcomes-Framework.pdf (consortium.lgbt) LGBT Consortium UK

Framework to help organisations coalesce around a strategic set of outcomes and principles that benefit LGBT+ communities in the UK. To help LGBT+ voluntary and community sector organisations identify the difference that their everyday activities have on the individuals with which they work and their local communities, and help them demonstrate how these contribute to wider outcomes across the sector as a whole.

LGBT, outcomes, principles, communities

Stonewall - https://www.stonewall.org.uk/system/files/LGB_people_in_Later_Life__2011_.pdf

Stonewall's 2011 report that showed that lesbian, gay and bi people over 55 are more likely to be single and live alone, and less likely to have children or regularly see family members, than their ageing heterosexual counterparts.

Stonewall, LGB, ageing

Housing, Ageing and Care: What Manchester's LGBT communities want from the UK's first purpose-built LGBT extra care scheme

[https://s3-eu-west-1.amazonaws.com/lgbt-website-media/Files/8f229162-0589-4d8f-be67-cee5c610edc5/Housing%2c%2520Ageing%2520%2b%2520Care%2520\(4\).pdf](https://s3-eu-west-1.amazonaws.com/lgbt-website-media/Files/8f229162-0589-4d8f-be67-cee5c610edc5/Housing%2c%2520Ageing%2520%2b%2520Care%2520(4).pdf)

Findings from a large survey of 349 older LGBT+ people on their housing needs and expectations.

Housing, extra care, LGBT, Manchester, ageing

Personalisation: Working with lesbian, gay, bisexual and transgender people

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Scottish Trans

https://www.scottishtrans.org/wp-content/uploads/2013/03/trans_mh_study.pdf

This research represents the largest survey of its kind in Europe, providing groundbreaking data on trans people

Working with older LGBT people (bacp.co.uk) British Association of Counselling and Psychotherapy (BACP)

A commentary that explores the challenges of working therapeutically with older LGBT men and women, for gay, lesbian and heterosexual practitioners and includes 2 case studies.

LGBT, counselling, case studies, therapy

A Short History of LGBT Rights in the UK - The British Library (bl.uk). British Library

Short piece that traces the journey of the LGBT community from 1533 to today, looking at the battles for equality that were fought and legislative changes made.

LGBT, history, activism, legislation

LGBTQIA+ Studies: A Resource Guide

<https://guides.loc.gov/lgbtq-studies>

The collections of the Library of Congress, USA, tell the rich and diverse story of LGBTQ+ life in America and around the world. This research guide serves as an introduction into the excellent collection of LGBTQ+ resources available at the Library of Congress.

LGBTQ+, history, research guide, USA

Trans Ageing and Care (TrAC): Dignified and

Transgender people's experience of domestic abuse

https://www.scottishtrans.org/wp-content/uploads/2013/03/trans_domestic_abuse.pdf. Trans alliance Scotland

This research lifts the lid on transgender people's experience of domestic abuse in Scotland. The picture painted is one of high levels of prejudice and abuse in transgender people's relationships and home life, coupled with unacceptable negative experiences of accessing services and support when they're so fundamental.

trans, domestic abuse

Resources for LGBTQ survivors

<https://www.switchboard.org.uk/resources-for-lgbtq-survivors/> Switchboard

A comprehensive list of resources for different members of the LGBTQ + community with contacts.

LGBTQ+, racism, domestic violence, resources, support

A Review of the Needs of Older LGBT People in Later Life

First PinkNews Ageing Summit puts spotlight on care for older LGBT people Pink News

An overview of the UK's first ageing summit on care of older LGBT people. Scroll down to the link to the full report which is a full literature review and covers finance, care, legal issues, housing, mental health and ageing.

LGBTQ+, ageing, mental health, care, legislation, finance

LGBT+ end of life care booklet | Marie Curie Marie Curie

This booklet aimed at people who draw on care and support and carers explains the care and support that's available for people living with a terminal illness. It includes information on telling professionals that they are LGBTQ+ and how they can choose who they want to be involved in decisions about their care.

LGBTQ+, end of life care, terminal illness



<https://www.scottishtrans.org/wp-content/uploads/2017/03/trans-inclusion-in->

LGBT Inclusion at Work; A global outlook

<https://www2.deloitte.com/content/dam/Deloitte/global/Documents/deloitte-global-2022-lgbt-inclusion-at-work.pdf>

Research report to help organisations better understand the positive impact that focusing on LGBT+ inclusion can have and the most impactful steps that can be taken to create and maintain a truly LGBT+ inclusive culture where everyone can thrive.

LGBT+, inclusion, work

Lesbian, Gay, Bisexual or Transgender People: A different ending. Addressing inequalities in Health and Social Care.

Care Quality Commission 20160505 CQC_EOLC_LGBT_FINAL_2.pdf

A short guide from the CQC on end of life care.

CQC, LGBT, end of life care

The adult trans care pathway | Care Quality Commission (cqc.org.uk)

Guidance for providers.

Adults, trans, care pathway, CQC

Intersex

<https://www.unfe.org/wp-content/uploads/2017/05/UNFE-Intersex.pdf>

A brief fact sheet addressing information on Intersex and tips on how to be a good all.

Intersex, discrimination

masculine, non-binary or non-gender

<https://www.scottishtrans.org/wp-content/uploads/2016/07/lower-surgery-transmen.pdf>

This publication provides information about the various options for 'lower' surgery, including genital surgery, for trans men and trans masculine people.

Trans, non-binary, non-gender, lower surgery

pdf_pdf_184.pdf (ilcuk.org.uk) International Longevity Centre ILC-UK

Looks at important area of sexuality, intimacy and sexual behaviour in people with dementia residents in care homes. It deals with this most sensitive of issues in a clear and open way, addressing the need for personhood and dignity in people with dementia and the individual expression of sexuality as a core part of that individual. Case histories bring together some key aspects of sexuality.

Dementia: sexuality, LGBT, intimacy, personhood

Supporting LGBTI survivors of sexual violence

https://www.scottishtrans.org/wp-content/uploads/2016/05/RCS_001_LGBTI-A5booklet_02web.pdf

Guidance for people experiencing or survivors of sexual violence.

Sexual violence, LGBTI, guide

<https://www.scottishtrans.org/wp-content/uploads/2013/06/NHS-Bereavement-A-guide-for-Transsexual-Transgender-people-and-their-loved-ones.pdf>

This booklet has been produced to assist bereaved trans people or friends, or the family of a trans person who has died. It will also inform professionals such as coroners, pathologists, mortuary staff and undertakers to understand the particular needs of trans people in the circumstances of death.

Trans, bereavement, loved ones, NHS

Government and Equalities Office LGBT Action Plan

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/721367/GEO-LGBT-Action-Plan.pdf

The UK Action plan to promote LGBT equalities in 2018.

UK Government, LGBT, action Plan

A guide for staf on promoting sexuality, relationships and consent in housing with

guide_for_staf_in_housing_with_support-sexuality-relationships-consent_

[AGE UK Trans issues and later life \(ageuk.org.uk\)](https://ageuk.org.uk)

Factsheet provides information about later life for trans people. The main focus is on growing older for people who have transitioned and live permanently in their affirmed gender. It also provides information for people in later life who are thinking about gender reassignment. The factsheet covers a range of legal, financial and social care issues. It includes a guide to terminology and details of where to go for further information and support.

Trans, older people, information, legal, financial, social care

[Stonewall Search Results | Stonewall](#)

A range of resources such as poster, postcards and links to information on key facts about trans.

Trans, resources, stonewall

<https://dxfy8lrzbpw.cloudfront.net/Files/b9398153-0cca-40ea-abeb-f7d7c54d43af/Hidden%20Figures%20FULL%20REPORT%20Web%20Version%20Smaller.pdf>
LGBT Foundation

A report charting inequalities across the life course for LGBTQ+ communities.
LGBTQ+, history, inequalities, life course

[National LGBT Survey Research Report](#)

[National LGBT Survey: Research report - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

Use the data visualiser tool which allows you to break down the results of the



Age Impact Report